

THE SACRED HEART OF JESUS PARISH

The Sacred Heart, Southwold, IP18 6AH with St Edmund, King & Martyr, Halesworth, IP19 8SY

Priest: Fr Christopher Smith 01502 723207. In an emergency please telephone the presbytery at Lowestoft on 01502 572453.

Contact for Newsletter: Laurette Burton – 07966 541747- lauretteburton147@gmail.com

Parish website:- <https://southwoldhalesworthrc.org.uk/>

MASSES THIS WEEK SOUTHWOLD

Sunday 8th February

11.00 am – *Kay Matter+*

Monday 9th February

9.00 am – *Feria – Victims of Trafficking & Modern Slavery*

Tuesday 10th February

9.00 am – *St Scholastica – World Peace*

The Rosary

Thursday 12th February

NO MASS – *Feria*

Saturday 14th February – *Ss Cyril & Methodius, Patrons of Europe – Feast – Special Intention (PS)*

Adoration & Sacrament of Reconciliation

HALESWORTH

Sunday 8th February

9.00 am – *People of our Parish*

Wednesday 11th February

10.00 am – *Feria (Our Lady of Lourdes) – People of America*

Sacrament of Reconciliation

Friday 13th February

10.00 am – *Feria – Holy Souls*

For reflections on Sunday Gospel & Readings please use the following link

<http://www.wednesdayword.org/parish/index.htm>

SOUTHWOLD CHURCH HEATING It is planned for the work to replace the heating system to start on 9th February.

SUNDAY 8TH FEBRUARY 2026 5TH SUNDAY IN ORDINARY TIME

MUSIC PRACTICE BEFORE SUNDAY MASS Practices are held in the Cardinal Newman Hall before Mass on **the 1st Sunday of each Month** starting at 10.40 am. All welcome.
Nathan Williamson

THE NATIONAL CYCLE OF PRAYER Up to Lent we are asked to pray for these intentions: Peace on Earth; Openness to the Word of God; Victims of trafficking; The sick and dying and those who care for them; the unemployed.

LENT COURSE If you wish to take part in the Ecumenical House Groups in Southwold, please sign the list which you find at the back of Sacred Heart Church **by Friday, 13th February**. There are five groups taking place in Southwold and the surrounding villages. We shall be looking together at what it means to be a disciple of Our Lord Jesus Christ and how that is lived out today in the 21st Century. Participants do not need books but, should you wish to have one, the title is 'Holy Habits – following Jesus', available at Eden Books for c.£6.50.

PARISH 100 CLUB

February winners are:- 1st (55) Patrick Kennedy; 2nd (85) Anne Fleming & 3rd (48) Judith Eatherton. The next draw will be on Sunday, 1st March at coffee after Mass. Do join the 100 Club to raise funds for the parish and possibly win a prize. If you want to join or buy another ticket to increase your chances please get in touch with Stella on 01986 948315

PLEASE PRAY FOR THOSE WHO ARE SICK OR IN HOSPITAL

HM The King, Dolores Arellano, Cedric Burton, Janet Dent, Phoebe Durnam, Judith Etherton, Susan Goldsmith, Oliver Grantham, Rosemary Jones, Laura Kenwick-Fearns, Anthea Marriner, Stephen Martin, Fr Tony Rogers, Pat Romer-Grundy, Fr Roger Spencer, Frances Stewart, Brian & Maureen White, Oliver Williams. *May they be comforted by our prayers and awareness of our love for them. Please let Fr Christopher know of any changes or additions.*