

THE SACRED HEART OF JESUS PARISH

The Sacred Heart, Southwold, IP18 6AH with St Edmund, King & Martyr, Halesworth, IP19 8SY

Priest: Fr Christopher Smith 01502 723207. In an emergency please telephone the presbytery at Lowestoft on 01502 572453.

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Parish website:- <https://southwoldhalesworthrc.org.uk/>

MASSES THIS WEEK <u>SOUTHWOLD</u>	SUNDAY 8TH FEBRUARY 2026 5TH SUNDAY IN ORDINARY TIME
Sunday 8th February 11.00 am – <i>Kay Matter+</i> Monday 9th February 9.00 am – <i>Feria – Victims of Trafficking & Modern Slavery</i> Tuesday 10th February 9.00 am – <i>St Scholastica – World Peace</i> The Rosary Thursday 12th February NO MASS – <i>Feria</i> Saturday 14th February – <i>Ss Cyril & Methodius, Patrons of Europe – Feast – Special Intention (PS)</i> Adoration & Sacrament of Reconciliation	MUSIC PRACTICE BEFORE SUNDAY MASS Practices are held in the Cardinal Newman Hall before Mass on the 1st Sunday of each Month starting at 10.40 am. All welcome. Nathan Williamson
HALESWORTH Sunday 8th February 9.00 am – <i>People of our Parish</i> Wednesday 11th February 10.00 am – <i>Feria (Our Lady of Lourdes) – People of America</i> Sacrament of Reconciliation Friday 13th February 10.00 am – <i>Feria – Holy Souls</i>	THE NATIONAL CYCLE OF PRAYER Up to Lent we are asked to pray for these intentions: Peace on Earth; Openness to the Word of God; Victims of trafficking; The sick and dying and those who care for them; the unemployed.
For reflections on Sunday Gospel & Readings please use the following link http://www.wednesdayword.org/parish/index.htm	LENT COURSE If you wish to take part in the Ecumenical House Groups in Southwold, please sign the list which you find at the back of Sacred Heart Church by Friday, 13th February . There are five groups taking place in Southwold and the surrounding villages. We shall be looking together at what it means to be a disciple of Our Lord Jesus Christ and how that is lived out today in the 21 st Century. Participants do not need books but, should you wish to have one, the title is ‘Holy Habits – following Jesus’, available at Eden Books for c.£6.50.
	PARISH 100 CLUB
	February winners are:- 1 st (55) Patrick Kennedy; 2 nd (85) Anne Fleming & 3 rd (48) Judith Eatherton. The next draw will be on Sunday, 1 st March at coffee after Mass. Do join the 100 Club to raise funds for the parish and possibly win a prize. If you want to join or buy another ticket to increase your chances please get in touch with Stella on 01986 948315
	PLEASE PRAY FOR THOSE WHO ARE SICK OR IN HOSPITAL HM The King, Dolores Arellano, Cedric Burton, Janet Dent, Phoebe Durnam, Judith Eatherton, Susan Goldsmith, Oliver Grantham, Rosemary Jones, Laura Kenwick-Fearns, Anthea Marriner, Stephen Martin, Fr Tony Rogers, Pat Romer-Grundy, Fr Roger Spencer, Frances Stewart, Brian & Maureen White, Oliver Williams. <i>May they be comforted by our prayers and awareness of our love for them. Please let Fr Christopher know of any changes or additions.</i>